



Patient Consent and Agreement form for Invisalign Treatment

You have decided, or are considering orthodontic treatment using the Invisalign system instead of conventional fixed “braces” appliances. There are eight things you should know about the Invisalign system.

1. The Invisalign system uses removable clear trays. Patient cooperation with this treatment is imperative. If the aligners are not worn, the treatment will not work and there is no financial recourse. If teeth alignment/bite correction is still desired, fixed “braces” would be needed at an additional cost. Thus, compliance wearing the aligners 21 out of the 24 hours a day is the patients responsibility with this treatment.
2. The removable trays with this system will move teeth if worn and achieve acceptable results. However, the results achieved will never be as perfect compared to fixed braces. Thus, if you are a perfectionist and want every line angle, rotation, and height perfect, then braces are the treatment of choice.
3. If the aligners are lost, the Invisalign Corporation does charge to replace the lost aligner(s) and the patient is responsible for this additional fee.
4. Because of several factors including cooperation, aligner material, computer simulation of tooth movement and individual tooth resistance, overall desired results may not always be achieved. The option then is to place fixed appliances (braces) on these teeth (at no additional cost) to achieve the final movements desired. In my experience, this occurs in about 5-10% of cases and involves one or two teeth in regards to alignment. As for correction of bite issues with this system, I find success rate equal to braces assuming cooperation with elastic wear.
5. 97% of cases with this system require bonded button attachments on numerous teeth. Most of the time these buttons are on the canines and bicuspids (side teeth) but sometimes are on the front teeth depending on the movement needed. These buttons are tooth colored and relatively small. However, they feel strange and are noticeable at a very close distance, especially if on the front teeth. These buttons also make the aligner trays

initially difficult to remove, but can always be done with some effort. These buttons are easily removed when treatment is completed.

6. For cases that involve crowded teeth, we slightly file between some of the front teeth to help create space. Usually this reduction is 0.3mm per location and thus does not create sensitivity, esthetic issues or a compromise to the overall health of the tooth.
7. 80% of cases require one or two refinement phases of aligners AFTER the initial set. The first set of aligners do a majority of the movement. However, the clinical results do not always correlate to the initial computer simulation and refinement is then indicated. Invisalign includes 3 refinement sets of aligners in their fee. Each refinement phase can take an additional 3-10 months. So cooperation with wear would then be extended to this additional length of time to get the results desired. Remember the length of treatment quoted at the consultation visit is an estimate and actual length of time is influenced by several factors as previously mentioned.
8. As with all orthodontic treatment, after active treatment, keeping the teeth in their new position is necessary. This means wearing the very last aligner at nights only and eventually reducing the number of nights, after the active phase of treatment. This will ensure that the teeth stay straight.

I have read and understand the above and thus consent to treatment for myself or dependent using Invisalign.

Signature

Date